

**The
Point of Essence
Process
Pro-Claiming the Truth
Of
Who You Are
Spiritual healing
For
Adult Indigos**

Strangers in a Strange Land

Is life on this Earth painful for you?

Do you ever feel as if you don't belong here?

Do you ever feel as if

your inherent knowing is not acknowledged?

Your intuitive wisdom is not honored?

Your felt-sense of experience is not embraced?

Almost no one understands or appreciates you?

Do you ever feel as if you have been

hiding your real self all your life?

Do you ever feel as if even those closest to you

do not know the real you?

Do you think of yourself as a failure?

Do you feel as if you never experience any real joy?

Do you yearn for a place that feels like "home"?

You may be an

**ADULT INDIGO
still carrying
the spiritual wounds of childhood**

Indigos

come to this Earth
retaining eternal knowledge;
remembering the secrets from
The Other Side;
holding the God-vision of a perfect world.

**You were one of the first Indigos.
But
The World Was Not Ready for You**

Few understood your unique world-view and your special gifts. So, in order to "get along" to "make it," in this world, you had to "go along." **The only way you have been able to exist in this world is to deny the essence of your Being.** You have had to deny the full truth of who you are. You had to hide away your true Self. You have had to cover your Light. You have had to shrink from your greatness.

For almost all your life, you have had to disclaim your Essence, your "I Am Presence," the "You-ness of You."

You have felt the pain of the dissonance between your knowing and the everyday reality of a world that does not share your vision of perfection, and does not seem to understand, or appreciate, or honor you.

That pain has resulted in spiritual wounds that have been unrecognized and unhealed, and that you have carried from childhood into adulthood.

Those spiritual woundings can leave you feeling alienated, alone, a "failure;" discomfited and diseased with being in body and functioning on Earth.

**Now,
There is a way to Spiritually Heal
Those Emotional Wounds!**

**The Point of Essence Process
Pro-Claiming the Truth of Who You Are
Is
Spiritual healing for Adult Indigos
That
Unblocks your lifetime's constraints,
Restraints, and soul-suppressions;
Reconnects the "You-ness of You" with
the Divine;**

**affirms the full truth of your Self and
the full expression of your Being;
allows you to reclaim your soul-purpose
and your soul-mission on Earth;
and helps to renew your vision of
a perfect world.**

Sweet, Gentle Healing

A Point of Essence session takes less than an hour.
During the session, you encounter

The 7 Dis-Claimers,

Which you unconsciously adopted so that you could
Function in this world, but which "dis-claimed" the
real you.

By "playing" 7 energetic-level ritual-games-
A combination of gently movements and the
Recitation of powerful statements – you replace
The 7 Dis-Claimers with

The 7 Pro-Clamations.

You Pro-Claim the Truth of Who You Are.

You joyfully re-claim the "You-ness of You," so
That you can express your full Self, the full truth of
your Being.

The Point of Essence process; Pro-Claiming the Truth of Who You Are

Can lead to profound life-evolution
and stirring soul-transformation.

The world is ready for you now! The world needs you and your vision now!

To make an appointment for a

POINT OF ESSENCE session call:

(310) 463-9512

THE POINT OF ESSENCE PROCESS

Pro-Claiming the Truth of Who You Are

The 7 Dis-Claimers

1. CONFUSION

Not being clear who you are.

manifests in the 7th chakra – the top of the head.

The Channel of Divine Light is fuzzy and diffused.

2. SEPARATION

**Disconnection from God, and the bewilderment and pain
that results.**

**embodies and includes all The 17 Emotional Woundings of
Childhood**

1. **ANGER** is a need to defend oneself, through attack, against the harshness of this-world experience.
2. **GRIEF** is weeping at the separation.
3. **FEAR** is the experience of being in danger because of being too small, "too little."
4. **DISTRUST** is not being able to count on any reality as certain.
5. **DESPAIR** is giving up the connection to the breath of God.
6. **ANGUISH** is the belief in aloneness.
7. **SHAME** is being embarrassed in front of the whole cosmos.

8. **INSECURITY** is the experience of having no solid ground inside.
9. **SELFISHNESS** is the fear of coming out to interact with this-world experience.
10. **LOSS** is not being able to find one's own heart.
11. **PANIC** is the experience of being suspended in mind-air, with nothing to grasp or hold on to.
12. **INFERIORITY** is the belief, "I'll never be as good as God."
13. **HATRED** is the experience of feeling as though one does not deserve re-union.
14. **INDIGNATION** is holding righteousness in response to the lack of dignity expressed for God's creatures.
15. **RESENTMENT** is the wish that the world matches the inner vision.
16. **JEALOUSY** is wanting what the angels have.
17. **GUILT** is holding oneself responsible for the lack of perfection in the world.

Manifests in the 6th chakra - the third eye.

The place of Vision, the Gateway to memory and experience of the Divine is blocked.

3. DISAPPEARANCE Hiding away; the belief of being invisible.

manifests in the 5th chakra – the throat.

The voice, the place of expression, is shut down.

4. RESPONSIBILITY When hindered from the free expression of Divine Love,

That love morphs into a heavy sense of obligation for the well-being of the world.

Manifests in the 4th chakra – the heart.

The place where Infinite Love is blocked or flows freely.

5. NUMBNESS

Being "dead" inside.

Manifests in the 3rd chakra – the solar-plexus.

The place of personal light and power, the center of life force, is blocked, and all is ashes.

6. HELPLESSNESS

Not being able to make a difference.

Manifests in the 2nd chakra – the intestines, the "guts," the womb.

The place of creativity is disconnected from the Infinite and from the Self.

7. JUDGEMENT

Verdict of failure heard from the Self and the World.

Manifests in the 1st chakra – the very bottom of the spine – the place of sitting; some say, it moves down toward the ankles.

Not having a place of safety when all is lost.