



ABOUT HAZEL

Hazel was born in Dublin, Ireland and came to the United States when she was 21 years old. She now resides in Santa Monica, California. Hazel began training in Tarot at the age of 16 and later trained with British and Brazilian spiritualists to develop her mediumship skills. A life-changing illness led her on the Shaman's path which she still follows today.

Hazel has trained with shamans in the Celtic, Mexican, Brazilian, Hawaiian and Tibetan traditions. She has completed a two year training in Peruvian traditional medicine in addition to having completed a three year advanced training in shamanism with Michael Harner and The Foundation For Shamanic Studies. Hazel has completed a two year training with Tama Do Academy of Sound Color and Chi. She is a Soul Memory Discovery and Indigo facilitator. She is trained and certified in Bert Hellingers Constellation Work with human and family systems. Hazel uses E.M.D.R. EFT, and various types of somatic modalities to release trauma from the physical, emotional and mental bodies. As well as being trained in many energy psychology methods she is also trained and works with attachment and bonding issues.

Hazel offers acupuncture with sound and color, and other vibrational medicines such as aromatherapy, Bush and Pearlandra flower essences, crystal, mineral and plant medicines. She has a busy private practice in Trauma Release Therapy and Soul Retrieval. Hazel's practice is a synthesis of ancient and modern modalities and technology.

When assisting clients, Hazel's goal is to facilitate the raising of consciousness and awareness of the healer within to help fuse soul and personality so that the personality becomes the instrument for the soul and in service to the soul. Her vibrational medicines and energy treatments seek to remove or minimize self defeating and limiting emotions, thought forms, behaviors and disease, and transmute them into potentials and gifts that have been lying dormant within. The goal is to bring all conflicts within the client into harmony and alignment with their soul or higher self. Hazel continues to be a student of the ancient wisdom teachings, and facilitates workshops, constellation groups and healing circles in the Santa Monica and Los Angeles areas of California.

- FOR PRIVATE SESSIONS

MY HOURS ARE TUES THRU SAT 11:00AM TO 6:30PM

COST IS \$135:00 FOR A 90 MINUTE SESSION

- WEDNESDAYS ARE GROUP CONSTELLATION HEALING FROM 7:00PM TO 10:00PM

COST IS \$25 TO REPRESENT AND BE RANDOMLY CHOSEN AND \$100 :00 FOR A GUARANTEED CONSTELLATION

- LAST SUNDAY OF THE MONTH 10:00AM TO 1:00PM IS THE WOMEN'S HEALING CIRCLE. \$15:00 MINIMUM DONATION GOES TO WOMEN FOR WOMEN INTERNATIONAL